

# THE FRIST CLINIC

Dr. Lewis       Dr. Fakhruddin       Dr. McGrew  
 Dr. Stein       Dr. Rao       Dr. Dopp

## **EGD INSTRUCTIONS-IMPORTANT**

**DAY:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **ARRIVAL TIME:** \_\_\_\_\_

Please go to \_\_\_\_\_ by the time noted above and check in with the receptionist.

Please call (615)-342-6081 Monday-Friday between the hours of 8:30 a.m. and 5:00 p.m. if you need to reschedule your appointment. This courtesy will release the time for another patient.

### **ONE DAY BEFORE TEST:**

1. Eat regular diet.
2. **Nothing to eat or drink after midnight (including water).**

### **MORNING OF TEST:**

1. **Nothing to eat or drink.** Do **not** take your medications unless otherwise instructed by the doctor. Bring your medications with you.
2. Patient's may take their heart and blood pressure medications **at least two to three hours** before the appointment time with a few sips of water.

### **Additional items:**

- » **Discontinue taking any type of blood thinners (aspirin, Plavix, Coumadin, etc.) for at least THREE (3) days before the procedure \*\*Dr. Rao's patients must discontinue taking these for FIVE (5) days.\*\***
- » **Please inform our office if you have any ALLERGY TO LATEX.**
- » **You must bring a driver at least 18 years of age to drive you home.**