

THE FRIST CLINIC

- Dr. Thomas Lewis Dr. Saeed Fakhruddin
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ERCP INSTRUCTIONS-IMPORTANT

DAY: _____ DATE: _____ ARRIVAL TIME: _____ PROCEDURE TIME: _____

NAME: _____ go to _____ by the arrival time and check in with the receptionist. Please call (615) 342-6081 Monday-Friday between the hours of 8:30 a.m. and 5:00 p.m. if you need to reschedule your appointment. This courtesy will release the time for another patient. If you have an urgent need to reach us outside of these hours please call (615) 342-6010.

AFTERNOON BEFORE PROCEDURE:

1. Eat a regular diet.
2. Nothing to eat or drink after midnight the night before procedure.

MORNING OF PROCEDURE:

1. Nothing to eat or drink.
2. **You may take your morning blood pressure and heart medications with just a sip of water.**
 - **You will need a driver 18 years or older to take you home.** You will NOT be allowed to drive
 - Or work the day of your test. Your driver must be here 1 ½ hours after your scheduled procedure time.
 - Bring a list of medications with dosages, your health insurance information, and photo ID.
 - Please inform our office prior to your procedure if you have a latex allergy.
 - **Do not take any blood thinning medication 5 days before your test. This includes:**
 - **Coumadin, Plavix, Pradaxa, Effient, Aspirin, Ibuprofen, Aleve.** If you take medications for arthritis please check with the nurse about taking your medications. If you have had a heart stent placed in the last year, please contact our office before discontinuing any blood thinner. Tylenol is ok if you need to take a pain reliever.
 - If you take an evening dose of insulin, take only one half of your regular dose. Hold your insulin the morning of the procedure until after your procedure.

Centennial Medical Center Campus

2300 Patterson Street
Nashville, TN 37203

Directions: Take I-40 to downtown Nashville and exit at Charlotte Pike West (away from downtown). Go past Red Cross on the left. Next street is 23rd Ave., turn Left onto 23rd Ave. Go one block and beneath the second crosswalk is the entrance to the hospital on the right. Park in the underground garage and take the elevators to the 1st floor. Sign in at Patient Registration next to the white gazebo. There is free valet parking to the left as you enter into the parking garage.