

THE FRIST CLINIC
Jonathan A. Schneider, M.D.

RECTAL EUS INSTRUCTIONS-IMPORTANT

PATIENT: _____

DAY: _____ DATE: _____ ARRIVAL TIME: _____ PROCEDURE TIME : _____

Please go to _____ by the time noted above and check in with the receptionist.

Please call (615)-342-6081 Monday-Friday between the hours of 8:00 a.m. and 4:30 p.m. if you need to reschedule your appointment. This courtesy will release the time for another patient.

ONE DAY BEFORE TEST:

1. Eat regular diet.
2. **Nothing to eat or drink after midnight (including water).**

MORNING OF TEST:

1. Patient's may take their heart and blood pressure medications **at least two to three hours** before the appointment time with a few sips of water.
2. One (1) hour before leaving home take two (2) fleets enemas rectally (this can be bought over-the-counter at your drug store), hold for 3-5 minutes, then expel the fluid.

Additional items:

- **Discontinue taking any type of blood thinners (aspirin, Plavix, Coumadin, Effient, Pradaxa, etc.) for at least FIVE (5) days before the procedure**
- **Please inform our office if you have any ALLERGY TO LATEX.**
- **You must bring a driver at least 18 years of age to drive you home.**

Centennial Medical Center Campus

2300 Patterson Street
Nashville, TN 37203

Directions: Take I-40 to downtown Nashville and exit at Charlotte Pike West (away from downtown). Go past Red Cross on the left. Next Street is 23rd Ave., turn Left onto 23rd Ave. Go one block and beneath the second crosswalk is the entrance to the hospital on the right. Park in the underground garage and take the elevators to the 1st floor. Sign in at Patient Registration next to the white gazebo. There is free valet parking to the left as you enter into the parking garage.